## Gífts in a Jar Class



## Thursday, December 18, 5:30 p.m.

Hy-Vee on Agency Conference Room \$10 per person

- \* Barley Wild Rice Soup
- Holíday Oatmeal Chip Cookies

Let your Hy-Vee dietitian take the pressure off by making the perfect gift for your food-loving friends or family members! You'll leave with two gifts ready to present to your family or friends.

Advanced registration and pre-payment are required - <u>please sign up at Customer</u> <u>Service</u> or by contacting dietitian Michelle at (319)753-1616 or mkuster@hy-vee.com.

Minimum of five people to hold the class.